

**Advocacy on
Sexual and
Reproductive
Health and Rights
as Youth
Organization**



Know Your Facilitators



Swostika Thapaliya
General Secretary (2022-2024)



Riju Dhakal
President (2020-2022)

Nepal

A landlocked country in South Asia

Area: 147,181 sq.km

Population: 2,92,92,470 (Census 2021)

Annual Growth Rate: 0.93% (Census 2021)

Human Development Index: 0.602

Gender Inequality Index: 0.452

Maternal Mortality Ratio: 239 per
100000 live births.



YUWA

- Established in 2009
- Registered as not-for-profit
- Purely Youth-led Youth run Organisation
- Empower young people through participation and advocacy
- The age group is between 16-29 years old only.



YUWA'S Reach

- ACTIVE CITIZENSHIP
- SEXUAL AND REPRODUCTIVE HEALTH AND RIGHTS (SRHR)
- RESEARCH UNIT



36

YouTube Videos



10+

Podcast with youtubers



18+

videos with celebrity

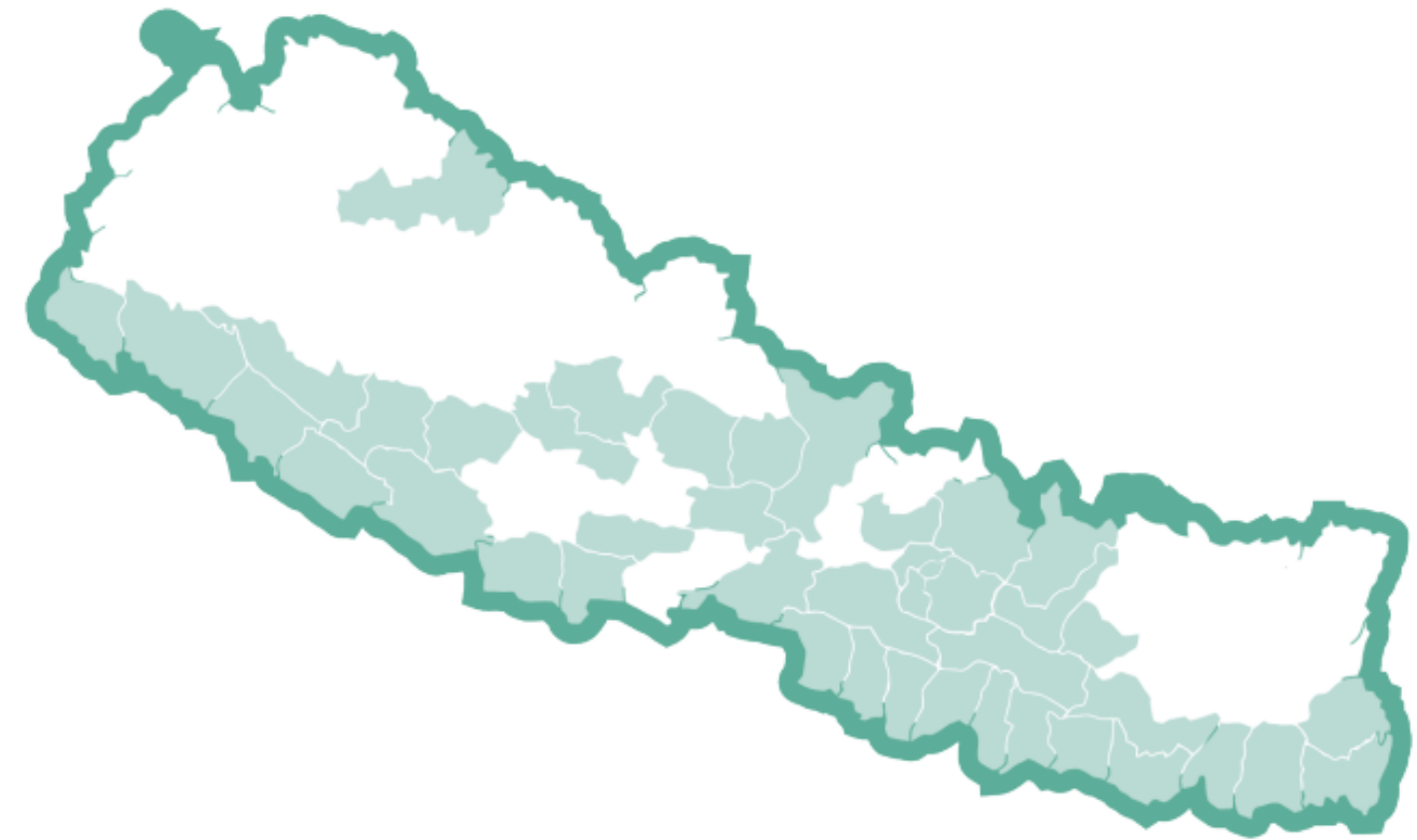


10

Internal Podcasts

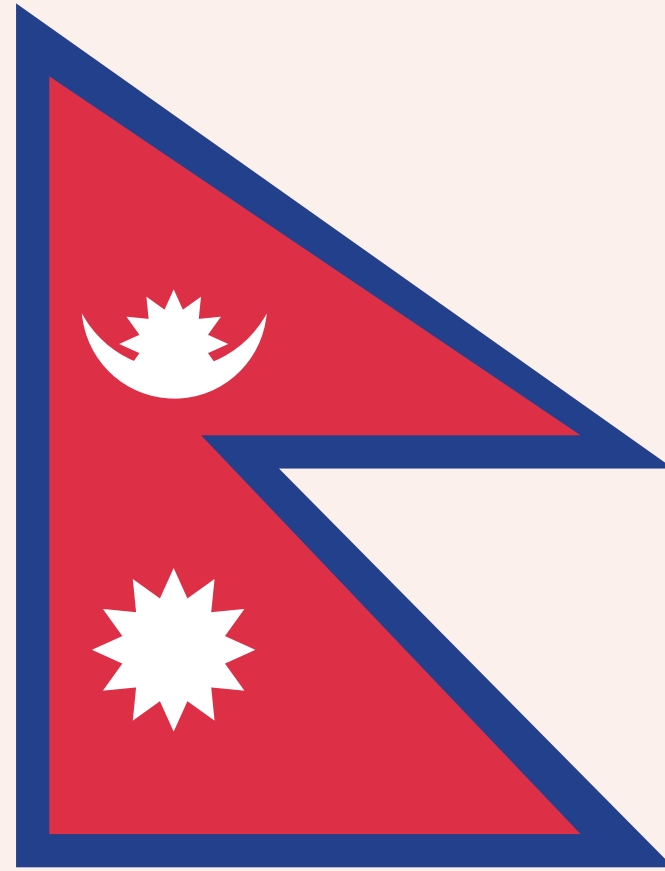
REACH

475k+



Status of Sexual and Reproductive Health and Rights in Nepal

Constitution of Nepal, 2015



states every woman
shall have the right to safe motherhood and
reproductive health.

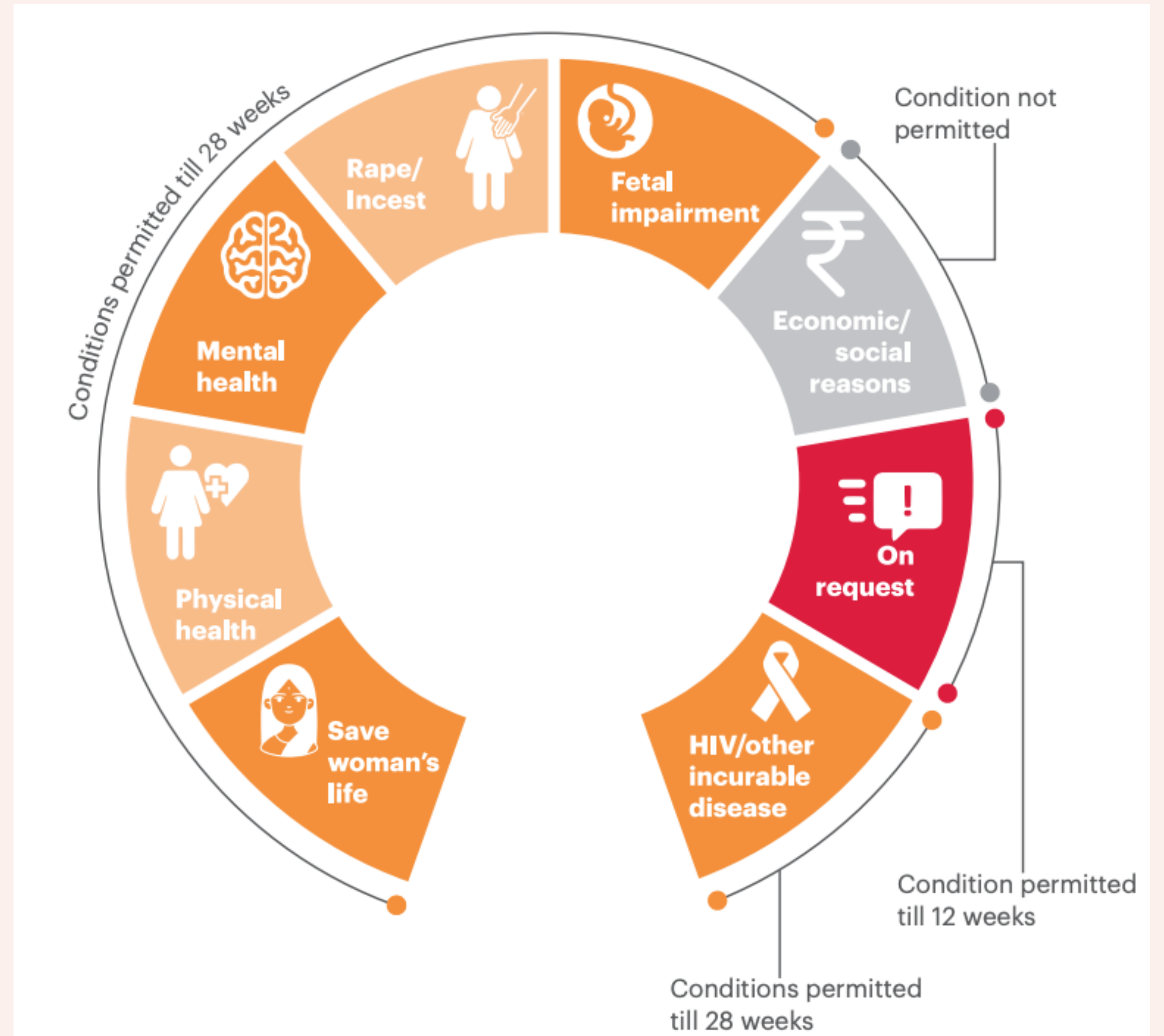
International Treaties and Convention

The Government of Nepal has ratified nine core international human rights treaties including the Convention on the Elimination of All Forms of Discrimination against Women (CEDAW), the International Covenant on Civil and Political Rights (ICCPR), the International Covenant on Economic, Social, and Cultural Rights (ICESCR) and the Convention on the Rights of the Child (CRC).

Nepal has pledged to **effective implementation** of important global and regional policy commitments on SRHR and gender equality notably, the Programme of Action (PoA) of the International Conference on Population and Development (ICPD) and the Beijing Declaration, and the Beijing Platform for Action (BPfA).

Safe Abortion

- Legalized in 2002.
- The country's Constitution of 2015 and the 2018 SMRHR Act guarantee the right to an abortion as a fundamental right for every woman.
- **Challenges:** Lack of knowledge, Stigma, Limited number of service providers, ineffective implementation of free abortion services policy, sex-selective abortion



Conditions and gestation limit for which abortion is permitted in Nepal
In accordance with the Safe Motherhood and Reproductive Health Rights Act, determining the sex of the fetus and conducting an abortion as a result of this sex determination is a crime

Adolescent Sexual and Reproductive Health (ASRH) Services

- The National Reproductive Health Strategy of Nepal recognizes ASRH as a **pillar** of reproductive health.
- Priority area of Nepal Government.
- Provisions for **Adolescent Friendly Health Facilities** and **Adolescent friendly Information Corners**.
- Challenges: Lack of uniformity in the action of different actors reporting and data, lack of inter/intra-sectoral coordination, no practicality of general counseling.

Comprehensive Sexuality Education

- In the context of Nepal, while the school curriculum does cover some topics of CSE as per the ITGSE, the content is rather vague and inconsistent.
- The recent revision in the curriculum has included topics like gender identity and sexual orientation but still lacks an intersectional approach.
- The curriculum is mostly knowledge-based and lacks attitude and skill-oriented learning.

Sexuality is a taboo in Nepal which leads to a reluctance to discuss and address sexual health issues.

Mostly women are economically dependent on men, and have limited power to claim their SRHR. Due to unequal power relations based on gender, women are often unable to refuse sex or negotiate safe sex or access health services.

People are stigmatized if they do not conform to socially accepted norms of behavior, for example adolescents who have sex before marriage and people who articulate different sexuality.

Status of Climate Change in Nepal

Situated in the lap of Himalayas, Nepal is **highly vulnerable to climate change** and has already experienced changes in temperature and precipitation at a faster rate than the global average.

**INTERLINKAGES
BETWEEN CLIMATE
CHANGE AND SRHR**

Since climate change is not a gender-neutral phenomenon,

Women and girls in all their diversities are more vulnerable and disproportionately impacted due to existing gender inequalities, among other things, due to their unfulfilled SRHR needs

In Nepal, women and girls suffer from hunger and undernutrition because they are expected to feed all family members and eat only the leftovers.

Their **undernutrition is exacerbated during climate extreme events.**

Household food hierarchies are still practiced in some cultures in Asia where women and girls are allowed to eat only after the men and boys have eaten.

Families affected by poverty, and being unable to feed and take care of their children, would marry their young daughters off at an early age because they are seen as a financial burden.

The major work burden for women after the disaster and natural calamities increased due to which women do not have enough time for sanitation and personal hygiene which directly affects them especially during their pregnancy

Traveling long distances to
fetch water and firewood has
resulted in prolapsed uterus
among women.

When SRHR is fulfilled,



Thematic Areas



Active Citizenship



**Sexual and
Reproductive
Health and
Rights (SRHR)**



Research Unit

ACTIVE CITIZENSHIP

PRARAMBHA



Prarambha at KnK College, Kathmandu

PAHICHAN



Pahichan at Baanke, Nepalgunj

Upcycling and Gardening Workshop



Young people learning how to recycle their used plastic bottles, how to beautifully paint them, as well as important techniques of gardening to promote sustainability and climate resilience.

**SEXUAL AND
REPRODUCTIVE HEALTH
AND RIGHTS**

KHULLAKASH



Khulla Aakash
on
Body Positivity & Self-Love

Time: 6pm-7pm
Date: Tuesday, 22nd Feb, 2022

This event will take place via zoom.

Sumanjari Pradhan (she/...

Aanchal (she/her)

Shambhawi Adhikari(she/...

Sajina

barsha sedhain...

barsha sedhain (she/her)

REACHING OUT YOUNG MINDS



ROYM session at Birgunj covering sessions like adolescent changes, menstrual hygiene management, Family planning, safe abortion, Gender and sexuality, relationship and consent.

YOUTH ACTIVIST LEADERSHIP COUNCIL



CSE SESSIONS



CSE session on Good touch and Bad touch being delivered

Podcasts



Podcast: Women in Climate Change



Podcast: Queering Queries

Teaching learning materials



Pregnancy (Video by Amaze, adapted by YUWA in Bhojpuri Language)



Coming out (Video by Amaze, adapted by YUWA in Bhojpuri Language)

E-learning course on Comprehensive Sexuality Education



YUWA e-learning

[Courses](#)

[Contact Us](#)

[नेपाली](#)

[LOGIN](#)

[SIGNUP](#)

Comprehensive Sexuality Education (aged 15-18+)

This course has been designed in a youth-friendly way for young people using ITGSE (International Technical Guidance on Sexuality Education) guideline.

[START LEARNING](#)



Digital Campaigns

Group by YUWA

Yuwa Awashar

Public group · 534 members



cse_can_np

Message



224 posts

536 followers

164 following

#CSECan #CSEhamrolagi

We strive for transformative change, We believe in Comprehensive Sexuality Education. CSE Can!

Youth Power 🦊

This campaign is managed by @yuwanepal

www.yuwa.org.np

csecantwait

Message



198 posts

315 followers

71 following

CSE Can't Wait

Education

Advocating for #comprehensivesexualityeducation

#बृहतयौनिकताशिक्षा #csecantwait

Managed by YALC 2022 of @yuwanepal ! ✨

ADVOCACY



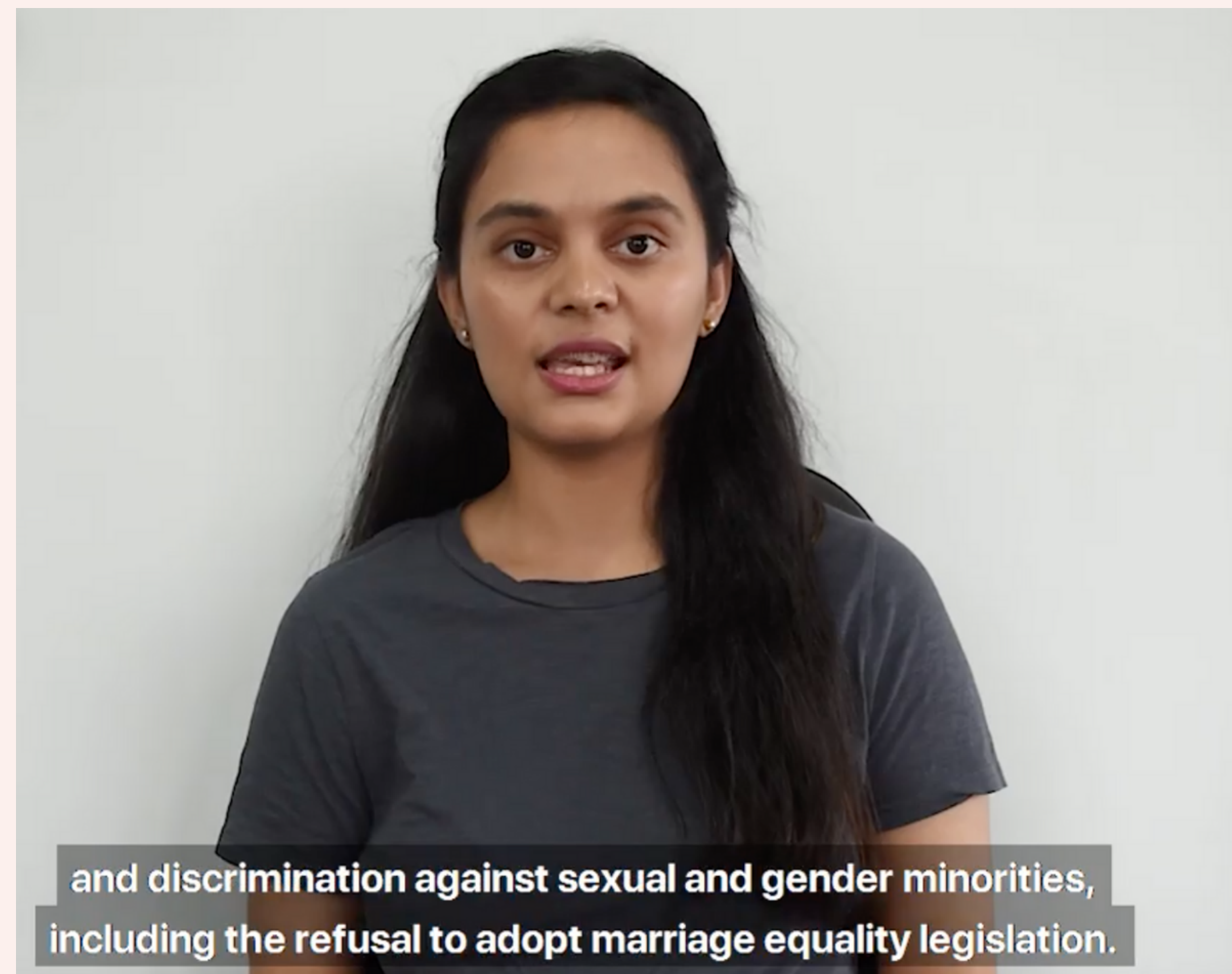
Meeting with the National Women's Commission to localize gender equality forum in Nepal.



Meeting with the Steering Committee of the Center for Education and Human Resource Development and the Curriculum Development Center to map out the areas of support and collaboration with the government.



YUWA's former president Riju Dhakal delivering a statement at the Interactive Dialogue with the Independent Expert of SOGI at the 50th session of the Human Rights Council



YUWA's statements on recommendations to the government regarding laws and legislation pertaining to Youth SRHR during the Nepal Universal Periodic Review (UPR) delivered at the Human Rights Council (HRC) on 8th July 2021.

YOUTH INNOVATIONS



BRING YOUR OWN BAG



GENDER RESPONSIVE CLASSROOMS



ADOLESCENT FRIENDLY HEALTH SERVICES SITE VISIT



WAY FORWARD