

Rural Women's Development and Unity Centre (RUWDUC)

Unity for Women Empowerment
Established in April, 1995



Estd.

April, 1995.

Mission

Empower Women, children and Youth to contribute to a holistic socio-economic and environmental development in Nepal.

Coverage

Seven Provinces of Nepal.

Sectors

- Education
- Health
- Human Rights
- Peace and Access to Justice
- Income Generation Activities
- Reproductive Health
- Internal and External Migration
- Safe Motherhood

- Climate Change
- Advocacy
- Women Empowerment
- Research and Publication
- Natural Disaster Management
- VAW&G, Child Rights and protection
- Gender and Social Inclusion

Chapters

Dadeldhura, Kailali,
Doti and
Kanchanpur

Achievement Sector Wise

Health	
Uterine prolapse operations conducted for women suffering from third degree uterine prolapse	58
Eye Camp- 1940 Direct Beneficiary	Heart Camp- 2378 Direct Beneficiary
Ear Camp – 1500 Direct Beneficiary	Health Camp – 3957 Direct Beneficiary
Establishment of Birthing Centre	03
Nutrition Rehabilitation buildings at Dadeldhura, Kailali, Kanchanpur and Surkhet, (Annex building at Sub-Regional Hospital)	The health of a total of 4522 severely malnourished children and mothers have been been restored
Orientation to students, guardian and community members on HIV/AIDS, Drugs addiction and use of family planning	5909

Safe Motherhood

Improved nutrition for pregnant and lactating women, and their children (ages 6-23 months)	3210
Improved nutritional status of Golden 1000 Days Women And other people through encouraging and educating them about Kitchen Garden, Poultry farm etc	15068
Iron Folic Acid distribution program in school for Adolescents Girls.	8767
Treatment of marginalized women suffering from Gynecology	12463

Income Generation	
Bee Keeping Program	- Increase in honey production from 250 kgs to 1250 kgs per year - 400 farmers trained
Nutrition Oriented Rural Education and Kitchen Gardening Program	Establishment of Central Resource Nursery and Ward Level Model Kitchen Garden
Sanitary Pad Production	3000 pcs sold
Irrigation	24 hectares land irrigation
Capacity Building of Farmers	- Capacity building training on Kitchen gardening, semi commercial, commercial to 1500 farmers, 30 farmers from semi commercial to commercial , 10 seed selling license to youth entrepreneurs,
Rafting promotion	Homestay promotion, cultural tourism, production of local materials,
Drip Water Irrigation	(60 HHs)
Forest Plantation	Plantation in 10 hectares mostly fruit plants
Alternative livelihood	- Unemployed 25 youth were provided house wiring, bee keeping, mushroom, fast-food training and input financial support
Collection centers	- Two collection centers for vegetables and fruits

Climate Change and DRR

- Community Based TB Early Warning system
- Capacity building on Disaster Based Reduction (140 members)
- Disaster Resilience seeds input support (178 families)
- Climate Change Adaptation program; Multi use system,
- Disaster Risk Reduction and Climate Change Workshop to teachers (24 Secondary level schools)
- Orientation to the school children and teachers on First Aid training and construction of Pit Latrines under School based Health Program (34 Pit latrines constructed)
WASH activities through students club, ECHO Club, School Program
- Plantation in river bank area; 1600 hectares land

Education and Youth

Name of the Project	Outcome
Scholarship Program for Outstanding Girls	18 girls for their education, 80% of them are in doing reputed jobs
Local Scholarship Program for Underprivileged Children	185 students provided scholarship
Girls Hostels; Dadeldhura and Doti	Construction of 2 storied girls hostel for 80 girls
Educational materials support	11735 children from marginalized communities
Children's Home, Kanchanpur	15 conflict victim children perusing secondary level education
Engagement of youth in different campaigns	478 youth volunteers

Women Empowerment, VAW&G

Name of the Project	Outcome
Countering Violence against Women in Far West Nepal	- 92 CVAW Groups; 131 youth and women's group members ToT on Street Dramas
Mobilizing the Female Community Health Volunteers For Women and Children's Health	Orientation to 114 Female Community Health Volunteers
Issues Identification Workshop of Far west Women for new Constitution	Strategic inputs to address identified issues
Establishment and technical support to establish WEC	160 Women Members raising voices against GBV, DV and other community issues

Peace Building and Access to Justice

Name of the Project	Outcome
Peace Building and Dispute resolution	<ul style="list-style-type: none"> - 20 Master Trainers trained on peace building - 5-day training on peace building and dispute resolution for a total of 720 representatives
Empowerment for Socially Excluded Youth of Jajarkot for Ensuring Human Rights and Peace Building	<ul style="list-style-type: none"> - 15 Youth Group formation at 5 VDCs of Jajarkot
Community Mediation Program	<ul style="list-style-type: none"> - 10685 cases resolved - 633 Mediator trained ; Female 204 - Establishment of 56 CM Centers - Orientations to Judicial Committee members from 35 RMUs and Mus. - Manual produced

RUWDUC During COVID-19

11000; Migrant Workers Entering from TRINAGAR Border, kailali received Free food and water support	300 PPE sets and other personal hygiene kits to Hospitals
24 Fans and 25 Water filters to quarantines	1035 marginalized families received food and sanitation item support
1298 received sanitation items staying in quarantines	2475 received counselling on COVID-19 05 Oxygen Constrainers
NRs 1,000,000 personal donation from Founder President for establishment of Oxygen Plant at Kailali	13 Hand washing stations established, 45 wheel chairs support to physically disable

Research and Publication

Name of the Project	Outcome
Development of Manual on Gender Based Violence and Reproductive Health	A 3-day manual on "Gender Based Violence and Reproductive Health in Nepal" was developed
Collection and Compilation of Available Information with Regards of GBV in Nepal	Development of Collection and compilation of available information with regard of Gender Based Violence in Nepal
Research and Health Camp on Uterus Prolapse among Women	Health Camp, Awareness Raising Health Checks and FGDs
Capacity Building of UNICEF Partners to Facilitate Gender In Program and Process	Workshop for LDITA , UNICEF and NGO's staff
Trans Boundary Rivers of South Asia	<ul style="list-style-type: none"> - Dhangadhi Declaration into action - Training Manual on TBWG - Women Empowerment Centre operating Guideline - Youth initiative on TBWG and SDGs - Sand Mining guideline for ensuring environmental sustainability
Access to Justice	<ul style="list-style-type: none"> - Eight Days training Manual on Community Mediation - Operating Guideline for Judicial Committees in relation with Community Mediation

RUWDUC's Successes

Policy Level:

- Inclusion of Community Mediation in Local Governance Act, 2074 (RUWDUC's lead role)
- Endorsement of Women Empowerment Work Procedure 2077 from Provincial Government (RUWDUC's regular lobby and lead)
- Six Points Dhangadhi Declaration adoption
- Dhangadhi Declaration into action (around 20 million budget allocation from Local Government in Climate Change, Women Empowerment, DRR, Irrigation, Drinking Water)
- Sand and Sanitation Guideline
- Trans Boundary Rafting and tourist packages for private sector development

Community level:

- Deep Water Borings Established for clean drinking water
- Construction of Girls' Hostel
- Budget matching fund from Local Government for Micro Hydro
- Innovative ideas (Citizen Science test, TB Rafting, TB EWS, TB Water Lifting)
- Construction of Irrigation canal
- Budget allocation from Local Government for sustainability of Community mediation Centers
- Construction of 17 shelter homes for economically marginalized people.

Initiations through Population Connections

Ration and Warm Clothes distribution; 32 HHs victims of flood



Establishment of Telemetric Community Based Flood Early Warning System

Strengthening Women Empowerment Centre

Girls Empowerment Project

Pilot Project in One Government School in Dadeldhura

Background

Objective

Activities:

- Orientation to school teachers and guardians
- Formation/Reformation of SAFE School Child Club
- Orientation to Children
- Extra Curricular activities
- Scholarship to students
- Lobby
- IEC material production and distribution
- Policy level influence (Child friendly budget)



Orientation
to Women's
Group on
Community
Mediation,
GBV, Human
Rights and
Domestic
Violence at
Doti.

RUWDUC/AZI-WOMCOM











thank you
for your patience...