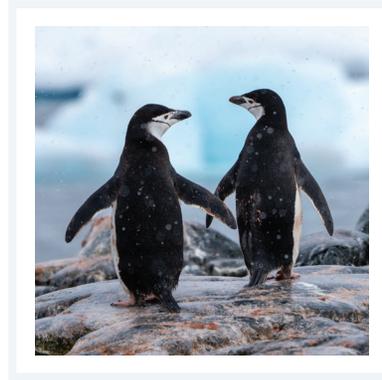


“If women are not educated, empowered and given free access to contraceptives and abortion services, humans have no chance at a sustainable future. We all need to acknowledge that 8 billion people overwhelming the planet is a ticket to catastrophe. Population Connection is the only organization that I know of which passionately spreads the truth of population reality. Thank you. Peace.”

– David S. High
Population Connection member

“Our only hope is to slow, and ultimately cease, the astronomical growth of the human population, to allow the earth to heal and support a smaller, stable population. I was thankful to find your organization as a conduit to contribute toward a better tomorrow, even though it is one that I will never see.”

– Donna J. Warlick
Population Connection member



Two chinstrap penguins at Palaver Point in Antarctica. Photo by David Newswanger, winner of our 2025 Summer Photo Contest. David has been a Population Connection member since 1999.



Join our movement

to build a safer and healthier future for people and the amazing species that share our planet!

popconnect.org/signup
info@popconnect.org
2120 L St NW, Suite 500
Washington, DC 20037
800-767-1956

-  @PopulationConnection
-  @populationconnection
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-  @PopulationConnection
-  @popconnect.bsky.social
-  @population-connection



**AMERICA'S VOICE FOR
POPULATION STABILIZATION**

popconnect.org

HAVE YOU MADE THE POPULATION CONNECTION?

Our population passed the 8 billion mark in 2022, and we are on track to exceed 10 billion in the second half of this century. Our massive numbers and our unsustainable consumption harm the planet, perpetuate poverty, and compromise public health.

Population Connection raises awareness about the impacts of global population growth on our environment and human well-being. We make the connection between advancing reproductive rights and health and preserving the natural world.

Worldwide, an estimated 259 million women, 214 million of whom live in developing countries, want to avoid pregnancy but have an unmet need for modern contraception.

With universal, affordable access to family planning, we can improve people's lives, protect the environment, and forge a healthier, more sustainable future for people everywhere.



Behind the scenes of a family planning brigade with Women for Conservation (W4C), our Global Partner in Colombia, and W4C's local partner, Profamilia



Pre-service teachers attend a PopEd workshop to learn how to use our lesson plans in their classrooms



Our 2026 field team and #Fight4HER campaign organizers

WHAT WE DO

Educate Young People

Our nationwide Population Education (PopEd) program informs young people — the next generation of parents, consumers, advocates, and voters — about critical population issues. PopEd staff and our network of volunteers conduct hundreds of workshops each year, training thousands of educators to use our innovative, fact-based curricular materials in their K-12 classrooms. The teachers we train reach millions of North American students annually.

Advocate for Family Planning

Population Connection works with our sister organization, Population Connection Action Fund, to mobilize activists to urge their legislators to vote against policies that threaten reproductive health and to protect

the US investment in international family planning — an especially important exercise during hostile presidential administrations such as the one we have now. We also work with domestic coalition partner organizations in defending reproductive health and rights here in the US.

Support Global Partners

We make grants to small grassroots organizations that have a big impact on their local communities in the areas of reproductive and public health, education, and environmental conservation. These organizations, located in Africa, Asia, and Latin America, are an important on-the-ground extension of the work we do to improve the lives of the most vulnerable among us and to protect the planet for future generations. 